

A Checklist to Keep Children Healthier



Your health insurance may now cover more than ever. Talk with your doctor or health care provider to find out what tests or other services you or your family member may need.

✓	<i>Preventive service</i>	<i>Date</i>	<i>Notes</i>
	Autism screening for children at 18 and 24 months		
	Behavioral assessments for children of all ages		
	Blood pressure screening for children		
	Cervical dysplasia screening for sexually active females		
	Depression screening for adolescents		
	Developmental screening for children under 3		
	Drug & alcohol use assessments for adolescents		
	Dyslipidemia screening for children at higher risk of lipid disorders		
	Fluoride chemoprevention supplements for children without fluoride in their water source		
	Gonorrhea preventive medication for the eyes of all newborns		
	Hearing screening for all newborns		
	Height, weight and body mass index measurements for children		
	Hematocrit or hemoglobin screening for children		
	Hemoglobinopathies or sickle cell screening for newborns		
	HIV screening for adolescents at higher risk		
	Hypothyroidism screening for newborns		
	Immunization vaccines for children from birth to 18		
	Iron supplements for children 6 to 12 months at risk for anemia		

✓	<i>Preventive service (continued)</i>	<i>Date</i>	<i>Notes</i>
	Lead screening for children at risk of exposure		
	Medical history for all children throughout development		
	Obesity screening and counseling		
	Oral health risk assessment for young children		
	Phenylketonuria (PKU) screening in newborns		
	Sexually transmitted infection (STI) prevention counseling and screening for adolescents at higher risk		
	Tuberculin testing for children at higher risk of tuberculosis		
	Vision screening for all children		